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# Department of Labor Internship Program 2026/2025

**Hiring organization**
Department of Labor

**Employment Type**
Intern

**Duration of employment**
6 Months

**Industry**
Government Administration

**Job Location**
Washington, D.C., United States, 20001, Washington, D.C., United States

**Working Hours**
8

**Base Salary**
10

**Date posted**
October 5, 2026

**Valid through**
27.02.2027

## Description

Embark on a transformative learning experience with the Department of Labor through our Internship Program for the academic year 2026/2025. This program provides an opportunity for talented individuals to contribute to the mission of the Department, gaining hands-on experience in various aspects of labor and workforce development.

## Responsibilities

- Collaborate with departmental teams on projects related to labor policies, workforce development, and employment regulations.
- Assist in research, data analysis, and preparation of reports.
- Participate in meetings, workshops, and training sessions to enhance your understanding of labor-related issues.
- Contribute to administrative tasks, documentation, and project coordination.
- Engage with mentors and professionals to maximize your learning experience.
- Support day-to-day operations within assigned departments.

## Qualifications

- Currently enrolled as a full-time undergraduate or graduate student.
- Pursuing a degree in a relevant field such as Labor Studies, Human Resources, Public Administration, or a related discipline.
- Strong academic standing with a minimum GPA of 3.0.
- Excellent communication and interpersonal skills.
- Ability to work independently and collaboratively.
- Demonstrated interest in labor-related issues.

## Experience

- Prior internship experience in labor, human resources, or related fields is a plus.
- Familiarity with labor policies and workforce development is advantageous.

## Skills

- Strong analytical and problem-solving skills.
- Proficient in Microsoft Office Suite.
- Effective communication and presentation abilities.
- Adaptability and willingness to learn new skills.
- Detail-oriented with excellent organizational skills.

## Job Benefits

- Competitive stipend for the duration of the internship.
- Exposure to various aspects of labor policies and workforce development.
- Networking opportunities with professionals in the Department of Labor.

- Mentorship from experienced Department staff.
- Potential for academic credit (subject to educational institution policies).

**How To Apply**

Interested candidates should submit a resume, cover letter, and academic transcripts. Please include “DOL Internship Application” in the email subject line. In your cover letter, highlight your motivation for applying, relevant skills, and how this internship aligns with your career goals. Shortlisted candidates will be contacted for interviews.

The Department of Labor is an equal opportunity employer and encourages applications from individuals of all backgrounds.